

## 2019 Spring Elections Candidate Profile

# Jenni Gabelsberg

DPT, MSc, MTC, WCS, BCB-PMD

## Running for Secretary (2020-2023)

Redondo Beach, CA

### Education:

- BS in Physical Therapy from the University of Vermont 1994
- Masters in Ortho PT from University of St Augustine 1999
- Doctorate in PT from University of St Augustine 2002

### Certifications:

- Manual Therapy Certification (MTC)
- Board Certified in Women's Health (WCS)
- Biofeedback certified in Pelvic Muscle Dysfunction (BCB-PMD)

### Current Practice

I currently own two pelvic health PT outpatient clinics in the Los Angeles south bay area. I treat part time, mentor students part time and do program development/strategic planning the rest.

### Professional Awards and Contributions

I teach 6 courses for Herman Wallace Pelvic Rehab Institute for the past 12 years. I have spoken recently at AUGS conference on uses for cold laser in the urogyn population, and spoken at CSM in the women's section on Leadership and Motherhood in the PT profession.

I also have been interviewed on pelvic PT for the NPR show Take Care, podcast Divine Intervention, and on an international OB panel interview on birth and pelvic floor through GPHAM.

### Previous Involvement in SoWH:

Attended annual board meetings and board at the bar for the last 10-12 years at CSM; lectured at CSM 2017

### Previous Involvement in the APTA or State Chapter or other Sections:

I have spent more time working with NAFC putting together PP presentations that they give away to PTs for free to encourage more community education around the subject of incontinence. I have also worked for two years on the allied health special interest work group for AUGS, putting together pre-con courses for their annual PFD conference, and speaking at that conference. Now since that is complete, I am interested in assisting the section that I am most passionate about!!

**PERSONAL STATEMENT: Please address the following questions in 300 words or less: 1. What is your personal vision? 2. How would you lead the Section? Where do you feel the Section is going?**



My personal vision is to see all women in the US have access to, and understand the value of women's health PT for all pelvic health needs throughout their lifespan. I do have a special love for the postpartum population, and think if we can greatly impact that population, we will be able to have significant change on pelvic floor disorders that worsen as we age. I feel the section is starting to move in a more strategic manner and working to support all its members by gaining more community understanding of what we do, as well as compiling educational resources and trainings that support the depth of knowledge that we need in this specialty.