

Candidate Profile

Jennifer Volo

PT, DPT, CSCS

**Running for Director of Financial Development
(2020-2023)**

Charlotte, NC



Education:

- B.S. Kinesiology: Movement Science, The Pennsylvania State University, 2015
- Doctorate of Physical Therapy, Duke University, 2018

Certifications:

- Certified Strength and Conditioning Specialist, 2016

Current Practice

Full time clinical practice at a hospital-based outpatient department, treating men, women, and children with pelvic floor dysfunction. Additionally, working alongside my teammates to further develop the Pelvic Floor Physical Therapy program at this health system.

Professional Awards and Contributions

- Created educational profiles for many of the Women's Health residency programs for the SOWH web page. These serve as a resource for members interested in learning more about available programs.
- Contributed as an author to "Effects of Exercise on Women with Postpartum Depression: A Systematic Review of the Literature" which was selected for poster presentation at CSM 2018 and awarded 2nd place at Duke University's Annual Capstone Presentation Day.

Previous Involvement in SoWH:

- SOWH Student Special Interest Group - Director of Administration
- Poster Presentation for Combined Sections Meeting 2018
- Volunteer for the SOWH booth at Combined Sections Meeting 2017
- Volunteer for the SOWH booth at APTA NEXT 2017
- SOWH Student Special Interest Group Member 2016-2018

Previous Involvement in the APTA or State Chapter or other Sections:

- APTA Member since 2015
- NCPTA Member since 2015
 - Attended NCPTA state conference in 2015

PERSONAL STATEMENT: Please address the following questions in 300 words or less: 1. What is your personal vision? 2. How would you lead the Section? Where do you feel the Section is going?

I developed a passion for pelvic health very early in my graduate education. I recognized the benefit of, and pursued involvement in the SOWH as a student to learn more about this niche aspect within our profession. While I was able to learn a tremendous amount of information, there were still barriers to growth/development. It is my personal vision to allow our specialty to be even more approachable and break down any remaining barriers, particularly for the student/early professional population. Our specialty is growing at a drastic rate and

we need to foster, inspire, and mentor newly interested professionals to allow for continued advancement and success.

I take pride in my ability to develop relationships with patients and their families in the clinic – it is the foundation, and most important aspect of my clinical practice. I will use this skill along with my “go-getter” attitude and negotiation skills while working with vendors to secure financial resources to fuel our section’s endeavors. In order to continue moving forward with our section’s mission to advance excellence, we must have the resources to do so; I will find innovative ways to make this happen.

Our section is already seeing an explosion of growth, development, and innovation. Thanks to our continued education and resources provided by the section, we are now able to help populations within our specialty that we previously have not. This is an exciting time to be a part of the SOWH, and I would be honored to play a role.