

## Candidate Profile

**Kelly Sammis**

**DPT, CLT**

**Secretary (2020-2023)**

Denver, CO



### Education:

- B.S. in Biological Sciences Ohio University 2007; DPT University of St. Augustine for Health Sciences 2010

### Certifications:

- CLT 2016; Mat Pilates BASI 2015

### Current Practice

- Instructor with Kinetacore teaching continuing education courses for dry needling: functional dry needling level one, functional dry needling level two and dry needling for the pelvic floor; Owner/Physical Therapist with Holistic Pelvic Health: specialty outpatient/home health practice for pelvic health and oncology; Physical Therapist with SCL with a focus on oncology/lymphedema.

### Professional Awards and Contributions

- Online blog regarding pelvic health, oncology rehabilitation and lymphedema ([www.holisticpelvichealth.org](http://www.holisticpelvichealth.org)); community outreach presentations regarding pelvic health with a focus on pregnancy/postpartum, bowel/bladder dysfunction and sexual dysfunctions; course development and instruction/education for Kinetacore's dry needling for the pelvic floor course

### Previous Involvement in SoWH:

- None at this time

### Previous Involvement in the APTA or State Chapter or other Sections:

- SoWH Member

**PERSONAL STATEMENT: Please address the following questions in 300 words or less: 1. What is your personal vision? 2. How would you lead the Section? Where do you feel the Section is going?**

My personal vision for our profession, and particularly the Section, is to continue to close the gap between the world of pelvic health and the worlds of orthopedic and neurological based physical therapy practices. There continues to be a disconnect and general lack of education and knowledge in regard to pelvic health for many practitioners within our field. I believe it is up to the leaders within the Section to create a change in this realm. We have the capacity and knowledge base to provide educational materials and coursework opportunities to the profession in its entirety in order to change the dialogue between professionals and the public in an effort to provide a better understanding of pelvic health. This begins with the DPT programs and should continue to grow through continuing education and mentorship during the lifetime of a professional's journey. Our job as educators and as learners is never done. The Section should act as the compass to guide members of the profession and of society in the right direction. I would like to bring this type of awareness to the Board and play a leadership role in continuing to progress the Section.

As Secretary, I would be more intimately involved with moving the Section's strategic vision forward. I am hard working and have great organizational ability and attentiveness to detail, all qualities desirable in a Secretary. As a clinician and educator, I also understand the tools that a clinician would need in pelvic health, specifically, educational materials, evidence-based practice strategies, management strategies of complex cases, and ready-to-use marketing and/or informational flyers that can be made available to other professionals and to the public. I would like to bring this to the Board and play a leadership role in getting these tools out to the membership and public.