

Candidate Profile

Lisa Lahr, DPT

**Running for Nominating Committee Member
(2020-2023)**

Sauk Centre, MN



Education:

- B.S. in Exercise and Sports Science, St Catherine University 2004
- DPT, St Catherine University 2006

Certifications:

- CAPTCC 2018

Current Practice

I currently work in a small outpatient rural hospital-based physical therapy department. I see everything and anything but have a passion for women's health and aquatic therapy.

Professional Awards and Contributions

Several interviews on the local radio regarding women's health, as well as health fairs and small group talks with organizations in my community.

Previous Involvement in SoWH:

Presenter at CSM 2017

Previous Involvement in the APTA or State Chapter or other Sections:

Have been an APTA member since graduation

PERSONAL STATEMENT: Please address the following questions in 300 words or less: 1. What is your personal vision? 2. How would you lead the Section? Where do you feel the Section is going?

I have been actively seeing women's health patients for 10 years and have become more involved in the APTA in the last 5 years as my children have gotten to an age where I am more able to participate. As a member of the nominating committee I would be able to be more involved as well as be able to get to know more people within the section. I am a people person and I love getting to know more people at every event that I attend. I also enjoy promoting our profession and encouraging others to join the women's health movement.